

Nicoletta Colombo

Nicoletta works for the Department of Education, Sports and Leisure, and Youth Policies in the Municipality of Bergamo, Italy. She focuses on well-being policies, ranging from physical movement, soft mobility and community building, to healthy food in school canteens and quality of life in the urban environment.

A “professional volunteer” for many years, Nicoletta practices mindful walking as a way to stay healthy, sane, positive and fully present.